***Pain Rehabilitation Options (PRO) Information Session***

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| **Who can attend the PRO session?**   * People who are experiencing ongoing pain and have been referred for rehabilitation * You may attend this session before you have had your first appointment, or after you have commenced therapy   **What does PRO involve?**   * Experienced Allied Health clinicians will deliver an education session about pain and effective treatment options available. * General education is provided at the PRO session. Questions about your individual circumstances are best addressed when you have an appointment with your clinician.   **The aims of the PRO session are to:**   * Develop a better understanding of pain * Hear about the rehabilitation options offered at Bendigo Health * Have an opportunity to let us know what your preferences are for your rehabilitation journey.   **Details about the session:**   * It is a once-off session for 1 hour.   + Live sessions can be attended via zoom (please speak to your therapist if this is your preference)   **What happens after the session?**   * You will be asked to complete a 5 minutes online tick box form (or paper version) to inform us of your rehabilitation preferences. |

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| Outpatient Rehabilitation Services  John Lindell Building  Phone: 5454 8500 (option 1) | Stewart Cowen Community Rehabilitation Centre Market St, Eaglehawk  Phone: 5454 6333 |

**Contact:**